# **Human Services Providers**

#### CATCH 21

#### 206.988.7209

Provides SeaTac middle and high school students with opportunities to link with academic and enrichment activities through after school programs.

# Catholic Community Services (Counseling & Emergency Assistance) 253.854.0077

The counseling program offers professional counseling to those in need in the South King County area. The emergency assistance program provides limited financial help.

#### **Child Care Resources**

#### 253.852.1908

Provides child care information and referral services to parents in SeaTac as well as technical assistance and workshops to providers.

### Child's Therapy Center of Kent 253.854.5660

Support services to infants & young children with special needs to develop their full potential through early intervention services.

### **Crisis Clinic**

#### 206.461.3200

Crisis Clinic operates three telephone services - the 24-hour Crisis Line, Community Information Line and Teen Link.

## Community Health Centers of King County 425.277.1311

Provides basic medical and dental services to low income, uninsured and other City residents on a sliding scale fee. They accept Medicaid and Medicare.

### Domestic Abuse Women's Network 425.656.4305

Provides confidential shelter for victims of domestic violence serving low-income women with few resources.

#### Des Moines Area Food Bank - 206.878.2660

Helps families in need of food assistance on a monthly basis.

### Emergency Feeding Program - 206.723.0647

SeaTac residents in emergency hunger situations are provided nutritionally balanced regular and culturally sensitive diet food packs, as well as no-cook, diabetic, high protein liquid, Asian and Latino packs. Services available seven days a week.

### Highline Community College (Adult Literacy Program) 206.878.3710 x3303

This program recruits, trains and places volunteers as tutors to illiterate adults for basic literacy and language skills and real life survival skills.

### Highline Community Hospital 206.431.0803

Provides full spectrum of primary, obstetric care, health education, interpretative, social and insurance enrollment services to those of low-income, different cultures and ethnicity.

#### Institute for Family Development -253.874.3630

Provides in-home family counseling, skill building and support to help multi-problem children to ensure safety, teach skills, and help families utilize community services.

### King County Housing Repair Program 206.296.7640

Provide major home repair for the City's low income residents on a grant and/or loan basis.

### King County Sexual Assault Resource Center 425.226.5062

This agency provides services to victims of sexual assault, including therapy services for adolescents.

### Pregnancy Aid of South King County 206.878.3770

Provide services to pregnant women, infants, and children.

### Ruth Dykeman Children's Center (In-Home Counseling) 206.243.5544

Provides counseling services to SeaTac children, youth and parents of children. Counselor will travel to client's home to provide services.

### Project "LOOK"

### 206.248.9647

Strengthens families by providing academic and social services to children & families in low-income apartment complex neighborhood.

## Senior Services of Seattle/King County (Meals-on-Wheels) 206.448.5767

Meals-on-Wheels delivers nutritious, frozen meals to the residence of eligible seniors on a regularly scheduled basis.

# Senior Services of Seattle/King County (Volunteer Transportation) 206.448.5740

This program transports isolated, frail, low-income elderly throughout King County to medical and other essential appointments.

#### Senior Services of Seattle/King County (Minor Home Repair Program) - 206.448.5751

Provides plumbing, electrical and carpentry repairs or modifications for low-income SeaTac homeowners and disabled renters.

# South King County Multi-Service Center (Energy Crisis Intervention) - 253.838.6810

Program provides emergency financial assistance to City of SeaTac low income households, along with home energy conservation education.

#### South King County Multi-Service Center

#### (Housing: Emergency Transitional Shelter) - 253.854.4406

Provides comprehensive emergency services to homeless families and individuals in crisis.

# South Seattle Community College (APPLE Parenting Program) - 206.764.5801

This program promotes positive parenting attitudes and behavior for both parents and their children through education and support.

### Tukwila Pantry 206.431.8293

Supplies food, clothing, information and referrals.

### YMCA - Highline (Teen Development)

#### 206.244.5880

Provides teen programs to develop leadership, promote healthy lifestyles, create vocational opportunities.

### YWCA (Homeless Prevention for SeaTac Families) 425.255.1201

This program will provide rental assistance and housing information to SeaTac homeless individuals or those who risk eviction.

#### YWCA (Shelter Services) 425.255.1201

This program will provide emergency or transitional shelter to SeaTac residents who are in need.